



## Introduction to Biblical Counseling Syllabus

The information in this course syllabus provides all the details need to complete this course. Questions beyond what is provided here should be addressed to your academic adviser.

### **I. Goal**

The goal of Introduction to Biblical Counseling is to provide students with a considerable understanding of the main elements of the biblical counseling movement and its method.

### **II. Required Reading**

The following texts may be purchased at most online booksellers. Read pp. 657-1207 in Systematic Theology, and read the blog article below in its entirety.

Heath Lambert, *The Biblical Counseling Movement After Adams*, (Wheaton: Crossway, 2012).

Jeremy Lelek, *Biblical Counseling Basics: Roots, Beliefs, & Future*, (Greensboro: New Growth Press, 2018).

### **III. Lectures**

Listen/watch the ten [Introduction to Biblical Counseling](#) lectures.

### **IV. Assignments**

Using essay style writing, please respond thoroughly to each of the questions below. Compose your answers clearly and precisely, defining all terms. Do not introduce your answer; just answer the question. If the questions consist of several parts, write a paragraph or two on each part and identify each part. Cite all sources properly. Answer each question in two to three double-spaced pages.

- A. Describe what distinguishes biblical counseling from secular therapeutic models and Christian integrationist models.
- B. Compare and contrast the trichotomist, dichotomist, and monist understandings of human anthropology.
- C. Define, describe, and provide a biblical evaluation 12 step recovery programs.
- D. Describe the role of repentance in beginning and continuing in the Christian life. Explain the importance of the doctrine of repentance for biblical counseling.